

Group 2 Run Schedule for April 2026

Any scheduled run may be changed by the run leaders on the night if circumstances dictate.

Thu 02-Apr Run Leaders: Chris K, Debbie K, Stephen F-C

West Vale and Siddal

GROUP 1:

4.3 miles. Left out of Harriers, down Salterhebble and join the canal to the basin. Continue on canal towpath towards Elland. Go under Elland Bridge, get to the road, cross and under Calderdale Way. Up Exley Lane, Left and down Exley Bank onto Huddersfield Road and back.

GROUP 2:

5.8 miles. Left out of Harriers, down Salterhebble and join the canal to the basin. Back onto the road to West Vale, left at traffic lights, across Elland Bridge and up Exley Lane, through Siddal and to the end. Up Water Lane and left back to the club.

Tue 07-Apr Run Leaders: Clare F, Andrea A

Viaduct, West Vale

GROUP 1:

4.2 miles. Left on Huddersfield Road, down Salterhebble. On canal then onto Stainland Road. Turn Right into Clay House Park opposite North Dean garage and onto Clay House Lane. Sharp Left at bottom onto Rochdale Road. Left onto Stainland Road and back to club.

GROUP 2:

6.5 miles. Left on Huddersfield Road, down Salterhebble. On canal then onto Stainland Road to West Vale lights. Cross & go right to join footpath through woods, over viaduct then footpath to Green Lane. Along Long Heys then round to the right to join footpath & continue to The Rock pub. Double back on yourself and go through the Industrial Estate to Stainland Road and back to Springhall.

Thu 09-Apr Run Leaders: Chris K, Debbie K, Stephen F-C

Hipperholme (anti-clockwise).

GROUP 1:

3.5 miles. Run through town to North Bridge. Up over the wobbly bridge, up to New Bank fork Right onto Beacon Hill Road. Turn Right down Trooper Lane onto Swan Bank Lane / Water Lane. Left onto Shay Syke past B&M and back to club.

GROUP 2:

6.5 miles. Run through town to North Bridge. Up over the wobbly bridge, up New Bank and up over Godley Bridge to Lister Rd / Shibden Hall Road and down past the back of Shibden Hall. Continue up the Hill to the Pet Shop near Hipperholme. Turn Left on A58 Leeds Road to Stump Cross, up the hill and under Godley Bridge. Down towards town, through town past Tesco and Shay Car Park.

Tue 14-Apr Run Leaders: Clare F, Alan B

Running Technique Session

BOTH GROUPS:

Left out of Spring Hall. Turn right onto Dryclough Lane. Left onto Birdcage and Right onto Albert Prom.

Running techniques session dealing with Head, Shoulders, Arms, Hips, Legs and Feet.

Groups will split and continue to run and practice what they've learned.

Thu 16-Apr Run Leaders: Martin H, Stephen F-C

Elland Bridge, West Vale, Hebble Trail and through the Mills.

GROUP 1:

4.6 miles. Go left out of Springhall and join the canal at the bottom of Salterhebble. Continue on the canal to Elland Bridge. Cross road and back along Calderdale Way and back to club.

GROUP 2:

5.8 miles. Go left out of Springhall and join the canal at the bottom of Salterhebble. Continue on the canal to Elland Bridge. Go over the bridge and up Saddleworth road to West Vale school. On Stainland Road and re-join the canal at Salterhebble. Up the Hebble Trail and continue up Shaw Lane through the mills to the Shay and back to Springhall.

Tue 21-Apr Run Leaders: Clare F, Andrea A

Boothtown, Howcans Lane, Shay Lane, Old Lane

GROUP 1:

3.9 miles. Right from Harriers past Shay to North Bridge. Left onto Rawson Street North. At St David's Ct go down alleyway steps. Turn Left onto Old Lane, up to North Bridge Street and back through town.

GROUP 2:

5.7 miles. Right from Harriers past Shay to North Bridge. Up through Boothtown on right hand side, cross road at bus stop above Mobility. Down Howcans Lane then left down Milk Churn Lane to Shay Lane. Left at main road onto Ovenden Road then left fork onto Old Lane back to Dean Clough then back through town.

Thu 23-Apr Run Leaders: Stephen F-C, Chris K, Debbie K

Hebble Trail, Elland Bridge, West Vale

GROUP 1:

4 miles. Go right out of Springhall, through mills to Hebble Trail and join the canal at the bottom of Salterhebble. Continue on the canal towards Elland Bridge. Turn round after 2 miles and return

GROUP 2:

5.8 miles. Go right out of Springhall, through mills to Hebble Trail and join the canal at the bottom of Salterhebble. Continue on the canal to Elland Bridge. Go over the bridge and up Saddleworth road to West Vale school. On Stainland Road and re-join the canal to Salterhebble. Up Salterhebble to Springhall.

Tue 28-Apr Run Leaders: Chris K, Debbie K, Andrea A

Burnley Road – Gratrix Lane, Bairstow Lane

GROUP 1:

3.2 miles. Left out of Harriers, right up Heath Royd, left then right up Manor Heath Road. Left onto Manor Heath Road then Right onto Skircoat Moor Road and up to fire Station. Down Rochdale Rd. Sharp Left onto Darcey Hey Ln. At Wainhouse Tavern bear Left onto Upper Washer Ln / Wakefield Gate. Dogleg Left onto Spring Edge then Free School Ln, Huddersfield Rd and back to club.

GROUP 2:

5.4 miles. Left out of Harriers, right up Heath Royd, left then right up Manor Heath Road. Up left hand side of Savile Park Moor to the firestation (G1/G2 split at Fire Station). Down Rochdale Road passing Crow Wood Nest Park on left. Continue down Bolton Brow and right up Gratrix Lane. Left on Park Road then right on Wood Nook Lane. Right onto Dam Head Road and left up Bairstow Lane to Burnley Road. Straight across the road up Brow Foot Gate Lane and follow this round to Trimmingham Lane back down to Burnley Road. Back to King Cross and down Savile Park (Left hand side). To add on a little at King Cross, go down past Tesco and back on Huddersfield Road.

Thu 30-Apr Run Leaders: Chris K, Debbie K, Stephen F-C

Birdcage, Wakefield Road, Jubilee, Siddal

GROUP 1:

4.1 miles. Left from Spring Hall, down to hospital, up Dryclough then Skircoat Moor Road to Birdcage. Along Birdcage Lane & continuing down Birdcage Hill & Woodhouse Lane. Right onto Wakefield Road, Left onto Hollas Lane and Left onto canal to Salterhebble. Then onto Huddersfield Road and back to club.

GROUP 2:

5.7 miles. Left from Spring Hall, down to hospital, up Dryclough then Skircoat Moor Road to Birdcage. Along Birdcage Lane & continuing down Birdcage Hill & Woodhouse Lane. Left onto Wakefield Road, then onto Huddersfield Road. Up Jubilee, left at top & through Siddal, behind Nestle to Matalan. Up past Minster & back to Spring Hall.