**GROUP 2 TRAINING RUNS FOR JANUARY 2025**

**HAPPY NEW YEAR!**

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| **Thursday 2nd – No Training Tonight** |
| **Monday 6th – Committee Meeting 7pm, Kobenhavn, Halifax – All welcome** |
| Tuesday 7th – Run Leader – Chris/Debbie**5.8 miles – Siddal, Exley with West Vale & Skircoat Green Road**Turn left out of Spring Hall, down Salterhebble. Turn left up Jubilee Road, right onto Backhold Lane and continue to Exley Bank Top and down Exley Lane. Under the subway, across Elland Bridge and right on Saddleworth Road. Continue to West Vale, right at the traffic lights along Stainland Road to the mini roundabout. Back on Huddersfield Road and up Salterhebble Hill to the traffic lights. Cross at the lights to far side of Hospital & up Dryclough Lane. At the junction turn right onto Skircoat Green Road. Carry on until it meets Huddersfield Road at the horse and turn right back to Spring Hall. |
| Thursday 9th – Run Leader – Chris/Debbie**5 Miles - Boothtown, Claremount, Water Lane**Turn right out of Spring Hall and run on Skircoat Road past the baths and onto Commercial Street to the Broad Street junction. Turn right and continue around crossing North Bridge. Turn left up Haley Hill through Boothtown to Claremount Road. Run along until the end then right down New Bank. Cross wobbly bridge and back down to North Bridge. Left on Charlestown Road and to Matalan. Turn left on Bailey Hall Road (Behind Nestles) then up Water Lane & back to Harriers. |
| **Sunday 12th – Stanbury Splash – Fell League race** |
| Tuesday 14th – Run Leader – Chris/Debbie**6.1 miles – Burnley Road to Carpet Shop and back via Tesco**Left out of Harriers to far side of hospital, right up Dudwell Lane. Right on Skircoat Green Road then left onto Skircoat Moor Road. Left onto Birdcage and right onto Albert Promenade. Continue up to Fire Station. Cross to Burnley Road and down to Carpet Shop. Left past carpet shop down Willowfield Road to Rochdale Road. Up Rochdale Road to Tesco. Back down Haugh Shaw Road and Saville Road and Prescott Street and Huddersfield Road back to Spring Hall. |
| Thursday 16th – Run Leader – Chris/Debbie**5.5 Miles – Siddal, Jubilee Road, Dudwell Lane, Skircoat Green Road**Turn right out of Spring Hall and run on Skircoat Road past the baths and onto Commercial Street to the Broad Street junction. Turn right and continue round crossing North Bridge. Turn right & carry on past Matalan, round behind Nestle & up to Siddal. Turn right down Jubilee Road then up Salterhebble to traffic lights. Cross at lights and go up Dudwell Lane. Right at top onto Skircoat Green Road, continue onto Heath Road to horse then right & back to Harriers. |
| Tuesday 21st – Run Leader – Chris/Debbie**6.7 Miles – Northowram**Turn right out of Spring Hall and down Shaw Hill past the railway station and continue on Winding Road until it meets the Vue Cinema complex. Turn right & run across North Bridge then round to the right, over road & up Burdock Way. Go up Godley Road, continue onto Godley Lane. At lights, after Stump Cross Inn, take left fork onto Bradford Road. Continue on this road to Town Street, Northowram. Turn around & return via same route back to North Bridge, then back to Harriers along Market Street, Union Street & through Shay Car Park. |
| Thursday 23rd – Run Leader – Chris/Debbie**5.7 miles – Warley Road**Left out of Harriers down to hospital, right onto Dryclough Lane. Continue onto Skircoat Moor Road up to the Fire Station. Up Warley Road to the top, left along Gibbet Street. Turn left down Stock Lane. Sharp left down Windle Royd Lane to Burnley Road. Cross Burnley Road (Carpet shop) and run on Willowfield Road until you get to Rochdale Road. Down Pye Nest and left on Edwards Road. Left up the Wakefield Gate and back down the side of Savile Park (with the park to the left), turn left on by Manor Heath and back to Spring Hall |
| **Friday 24th – Sunday 26th – Men’s Bunk Barn Weekend** |
| **Sunday 26th – Meltham 10k – Road Race Challenge race** |
| Tuesday 28th – Run Leader – Jenny/David**6.1 Miles – West Vale and Holywell Green**Left out of Harriers and on Huddersfield Road down Salterhebble. Carry on to the mini roundabout and join the start of Stainland Road running to West Vale. Continue straight on up to Holywell Green Inn. Turn around, retracing steps back to Spring Hall. |
| Thursday 30th – Run Leader – Jenny**5.25 Miles – Boothtown and Lee Mount**Turn right out of Spring Hall and down Shaw Hill past the railway station and continue on to North Bridge. Cross North Bridge then turn left and run up Haley Hill through Boothtown. Turn left down Mill Lane and continue up until the road meets Ovenden Road. Turn left and then right across road, up Ovenden Way and almost immediately left on Wheatley Lane. Turn right and then at the top of the street, right again onto Wheatley Road. Continue down until it meets Shroggs Road. Sharp left and back past B&Q. At the mini roundabout take the right fork and run along Lee Bridge (past Dean Clough). At the end (North Bridge) turn right and retrace the route earlier – back on Winding Road and to Spring Hall. |