**GROUP 2 TRAINING RUNS FOR DECEMBER**

|  |
| --- |
| **Sunday 1st – Myerscough 10 mile – Race Challenge race** |
| **Monday 2nd – Committee Meeting 7pm, Kobenhavn, Halifax – All welcome** |
| **Tuesday 3rd –** **Run Leader – Chris/Debbie**  **5.8 Miles Wakefield Road – Christmas Handicap route**  Left out of Spring Hall and turn right up Heath Royd, Skircoat Green Road, Skircoat Moor Road. Turn left onto Birdcage Lane and left around Broomfield Avenue. Turn right down Skircoat Moor Road and turn right onto Skircoat Green Road. Down Copley Lane and at the traffic lights at the bottom, turn right along Wakefield Road until the end. Turn right at Bolton Brow and then Pye Nest Road and right on Edwards Road until you reach Wakefield Gate. Run up the hill to the top of Savile Park, and cross to the other side of Savile Park, down Free School Lane and continue down to the bottom. Back to Spring Hall. |
| **Thursday 5th – Run Leader – Jenny**  **6.6 Miles – Northowram**  Turn right out of Spring Hall and down Shaw Hill past the railway station and continue on Winding Road until it meets the Vue Cinema complex. Turn right & run across North Bridge then round to the right, over road & up Burdock Way. Go up Godley Road, continue onto Godley Lane. At lights, after Stump Cross Inn, take left fork onto Bradford Road. Continue on this road to St Matthews Church, Northowram. Turn around & return via same route back to North Bridge, then back to Harriers along Market Street, Union Street & through Shay Car Park. |
| **Friday 6th- Halifax Harriers Christmas Night Out** |
| **Tuesday 10th – Run Leader – Chris/Debbie**  **6.1 miles – Rochdale Road to Carpet Shop and back via Tescos**  Left out of Harriers to far side of hospital, right up Dudwell Lane. Right on Skircoat Green Road then left onto Skircoat Moor Road. Left onto Birdcage and right onto Albert Promenade. Continue up to Fire Station. Down Rochdale Road and right onto Willowfield Road to Burnley Road (Carpet shop). Right on Burnley Road to Tescos. Back down Haugh Shaw Road and Saville Road and Prescott Street and Huddersfield Road back to Spring Hall. |
| **Thursday 12th – Run Leader – Chris/Debbie**  **5.5 miles – Skircoat Green Road, Dudwell Lane, Jubilee Road, Siddal**  Turn right out of Spring Hall, cross road & on to horse. Turn left onto Heath Road, continue on to Skircoat Green Road. Left down Dudwell Lane, cross at traffic lights & go down Salterhebble. Left up Jubilee Road, left through Siddal & behind Nestle. Past Matalan up to North Bridge & back to Harriers. |
| **Tuesday 17th – Santa Hat Run - All road running groups run together.**  Run through town to North Bridge, back on Charlestown Road to Matalan and up behind Nestles. Through Siddal & down Jubilee Road.  Shorter option - back up Salterhebble to Harriers.  Longer option – up Salterhebble to lights, cross over & up Dudwell Lane, right onto Skircoat Green Road, Heath Road to horse & back to Harriers.  **Don’t forget your Santa hat!** |
| **Thursday 19th – Run Leader – Chris/Debbie**  **5 Miles - Boothtown, Claremount, Water Lane**  Turn right out of Spring Hall and run on Skircoat Road past the baths and onto Commercial Street to the Broad Street junction. Turn right and continue around crossing North Bridge. Turn left up Haley Hill through Boothtown to Claremount Road. Run along until the end then right down New Bank. Cross wobbly bridge and back down to North Bridge. Left on Charlestown Road and to Matalan. Turn left on Bailey Hall Road (Behind Nestles) then up Water Lane & back to Harriers |
| **Sunday 22nd - Christmas Handicap – meet at the Chippy on the moor at 10:30 ready to run at 11:00.** |
| **Tuesday 24th – No Training** |
| **Thursday 26th – No Training** |
| **Saturday 28th – Coley Canter – Fell League race** |
| **Tuesday 31st – No Training** |